



New Heights School October Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
9/30	10/1	10/2	10/3	10/4
NO SCHOOL	Main Entrée Pizza Roll Crunchers Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Cheese or Pepperoni Pizza Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Garlic Breadstick served w/pasta only Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Macaroni & Cheese Sides Mashed Potatoes Fresh Fruit & Veggie Bar Dinner roll Alternates Popcorn Chicken Uncrustable
10/7	10/8	10/9	10/10	10/11
Main Entrée Mini Corn Dogs Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée All Beef Hot Dog Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Cheese/Pepperoni Pizza Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Sloppy Joe Uncrustable	Main Entrée Orange Chicken Sides Jasmine Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Turkey & Cheese Sub Sides Baked Beans Potato Salad Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable
10/14	10/15	10/16	10/17	10/18
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée Pizza Roll Crunchers Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	NO SCHOOL	NO SCHOOL	NO SCHOOL
10/21	10/22	10/23	10/24	10/25
Main Entrée Mini Corn Dogs Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée All Beef Hot Dog Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Cheese/Pepperoni Pizza Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Sloppy Joe Uncrustable	Main Entrée Orange Chicken Sides Jasmine Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Turkey & Cheese Sub Sides Baked Beans Potato Salad Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable
10/28	10/29	10/30	10/31	11/1
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée Pizza Roll Crunchers Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Cheese or Pepperoni Pizza Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Garlic Breadstick served w/pasta only Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	NO SCHOOL